

Kathy McLaughlin, PCC, FEA, ICD.D

Kathy McLaughlin works as a management consultant and executive coach helping boards, business leaders and their teams to achieve extraordinary results by aligning vision, strategy and execution. Kathy helps her clients to develop strategic clarity, build leadership bench strength and implement the changes needed to achieve growth objectives.



Kathy draws on 20 years of experience in corporate roles (sales, marketing and operations); 4 years as a senior partner in a leading executive search firm; 10 years of consulting to a wide variety of private companies, family businesses, not-for-profit and public sector organizations; and 15 years in board director roles. Her extensive experience in board leadership and governance includes serving as a director with not-for-profits and public sector boards. She has consulted on board governance and strategy to a wide variety of charitable organizations, associations, private companies and public sector organizations. She is a graduate of the ICD.D Director's Education Program through SFU's Beedie School of Business and the Rotman School of Management. She currently serves as Chair of the board of InspireHealth Cancer Support, and a founding director of Healingandcancer.org.

As a three-time survivor of cancer and recipient of two liver transplants, Kathy brings her indefatigable life spirit and positive energy to every coaching relationship. Her bestseller [*Back to Life*](#), chronicles her personal health journey and triumph over daunting odds. Kathy conducts frequent motivational talks and workshops on work-life balance and the power of a positive spirit and has been a keynote speaker for InspireHealth Cancer Support, BC Cancer, BC Transplant, the Canadian Liver Foundation, HR Professionals of Ontario, the International Association of Administrative Professionals, BC Pharmacy Association, BC Forestry Industry Initiative, Bar Method Studio, and many others.